Center of Portugal
COIMBRA

MADRID

PORTO

LISBOA

Center of Portugal

- 28199 sq km of territory
- 270 km of border with Spain
- 279 km of Atlantic coastline
- 4 natural parks
- 5 natural reserves
- 2 protected areas
- 1 geopark
Center of Portugal is a deeply diversified region showcasing wonderful beaches, dazzling mountains, a superb gastronomy, excellent wines and a welcoming people who welcomes its visitors with open arms!

Here you will find several historical cities with winding streets and incredible stories to tell. Each city keeps many secrets to unveil, seducing with their authenticity and strong character.

Traditional and contemporary, historic and cool, past and present hand-in-hand in a region that will certainly amaze you!
Fairy tale villages
They might be tiny spots in the world map, however thanks to them the destiny of the country changed. Strategic strongholds by the Spanish border, the **Historical Villages** are the result of the work of several generations of kings who, concerned about the defense of the territory, managed to populate and fortify that region.
Slow living
There is wisdom in peacefulness. There is beauty in the small things. The cities of Center of Portugal are the perfect combination of tradition and modernity, heritage and innovation, past and future.

Speed does not matter at all. But the time that we devote to a sustainable lifestyle. Beautiful places full of soul.
AVEIRO TRAIN STATION

AVEIRO SALT PONDS

BARRA LIGHTHOUSE

VISTA ALEGRE

VÁLEG A CHURCH
The world at Her feet
Fátima is one of the most spectacular Catholic Shrines in the world, a place of tranquillity and the meeting point of Christians, Catholics, Protestants, Orthodox, Muslims, Jews, Hindus, Buddhists and agnostics from the four corners of the world. Discover the history of this enchanting place of retreat and inner peace, as well as its greatest icons!
Join us on a fantastic journey through the UNESCO World Heritage sites in Center of Portugal! These incredible places of unquestionable beauty hold a unique history and a very special charm!

**University of Coimbra — Alta and Sofia**

Situated on a hill overlooking the city, the University of Coimbra with its colleges grew and developed for over 7 centuries within the old city. The classified area includes the **Church of Santa Cruz**, which dates from the 12th century, and the various colleges from the 16th century, the Royal Palace of the Alcáçova which has housed the University since 1537, the **Joanine Library**, with its Baroque decoration, the 18th century **Botanical Garden** and the **University Press**, as well as the large “university town”, created in the 1940s.
Monastery of Alcobaça

Located north of Lisbon, the abbey of Santa Maria de Alcobaça was founded in the 12th century by King Afonso Henriques. Its size, the purity of its architectural style, the beauty of the materials used in its construction and the care with which it was built made this monastery a masterpiece of Cistercian Gothic art.
The Dominican monastery of Batalha was erected to commemorate the victory of the Portuguese over the Castilians in the Battle of Aljubarrota (1385). Its construction, which was the main architectural work of the Portuguese monarchs for two centuries, paved the way for the birth of the national Gothic style, deeply influenced by Manueine art, as it can be contemplated in the royal cloister, an authentic architectural masterpiece.
Convent of Christ in Tomar

Symbolic monument of the exaltation of the Reconquista, the convent of the Order of the Knights Templar was transferred in 1344 to the Order of the Knights of Christ.

In the Manueiline era, this monument came to symbolise the opening of Portugal to other civilisations.
Pre-historic rock art sites of Côa Valley and Siega Verde

The prehistoric rock art sites of the Côa Valley are located on the banks of the Águeda and Côa rivers, two tributaries of the Douro River. They have an extraordinary concentration of petroglyphs from the Upper Palaeolithic (22,000-10,000 BC), which is unique in its kind in the world and is one of the most remarkable examples of early artistic creations of the human being.

The engravings are essentially figurative and represent animals, although some geometric and schematic figures can also be identified. The Vale do Côa sites (Portugal) and the Siega Verde site (Spain) form the most important collection of open-air Palaeolithic rock art in the Iberian Peninsula.
Perfection
A genuine journey through time. In Center of Portugal, you will find those primordial places, where you can only hear the silence. The timeless glacial valleys of the Serra da Estrela, the illuminated Aveiro Lagoon, the majestic design of the Côa Valley, protected ecosystems, breath-taking natural parks and many trails to discover, on foot or by bike! This is where you will find us. Under an absolutely blue sky.
FAIA BRAVA
NATURAL RESERVE

CARAMULO MOUNTAIN

AVEIRO LAGOON (RIA)

SCHIST VILLAGES
BUÇACO NATIONAL WOODS

DÃO CYCLING
AND WALKING PATH

NATURAL PARK OF
SERRAS DE AIRE E CANDEEIROS

MARMITAS DE GIGANTE
(NATURAL PARK OF TEJO INTERNACIONAL)
Guilty pleasures
Because life is too short not to fall into temptation, Center of Portugal invites you to discover the noble wines of the Dão, Bairrada, Beira Interior and Oeste regions, matched by the tastiest and most unquestionable delicacies, such as the cheeses and sausages from Castelo Branco or the delicious suckling pig from Bairrada.
Codfish is the most faithful of friends that can also be visited in the memorable Codfish Aquarium at the Ílhavo Maritime Museum!

The convent sweets, the iconic ovos-moles from Aveiro, the sponge cake from Ovar, the sweet “beija-me depressa” from Tomar, sugar and egg delights to be tasted with passion. No need to rush.
The wild apple of Esmolfe, known since the 18th century, originally from the village of Esmolfe (Penalva do Castelo), is an exclusively Portuguese product. The apple is a small, pale green fruit. It presents an intense and very pleasant smell, “sui generis”. The pulp is white, soft, juicy, sweet, with long lasting taste qualities.
But in Center of Portugal there are a thousand flowers. As the days go by, cherry, pear, peach and apple blossoms arrive!

Delicious fruit, such as the Fundão cherry, the Rocha pear or the Alcobaca apple, proving the generosity of nature.
Ocean lovers
279 km of Atlantic coastline, with the most challenging waves imaginable! From Figueira da Foz, with Europe’s best right, to the giant waves of Nazaré and the tubular waves of Peniche, describing perfect circles, Center of Portugal is the destination of choice for the world’s most renowned surfers!
PRAIA DO NORTE BEACH (NAZARÉ)