



visit Center of
Portugal

Active Holidays

www.centerofportugal.com



CENTER OF PORTUGAL

AREA OF 28.199 SQR KM
270 KM OF BORDERS WITH SPAIN
279 KM OF ATLANTIC COAST
4 NATURAL PARKS
5 NATURAL RESERVES
2 AREAS OF PROTECTED LANDSCAPES
1 GEOPARK

✈ PORTO

COIMBRA

MADRID

✈ LISBOA

THE ORIGINAL TWEETERS

Birdwatching is not just for
ornithologists, really!



SÃO JACINTO DUNES NATURAL RESERVE



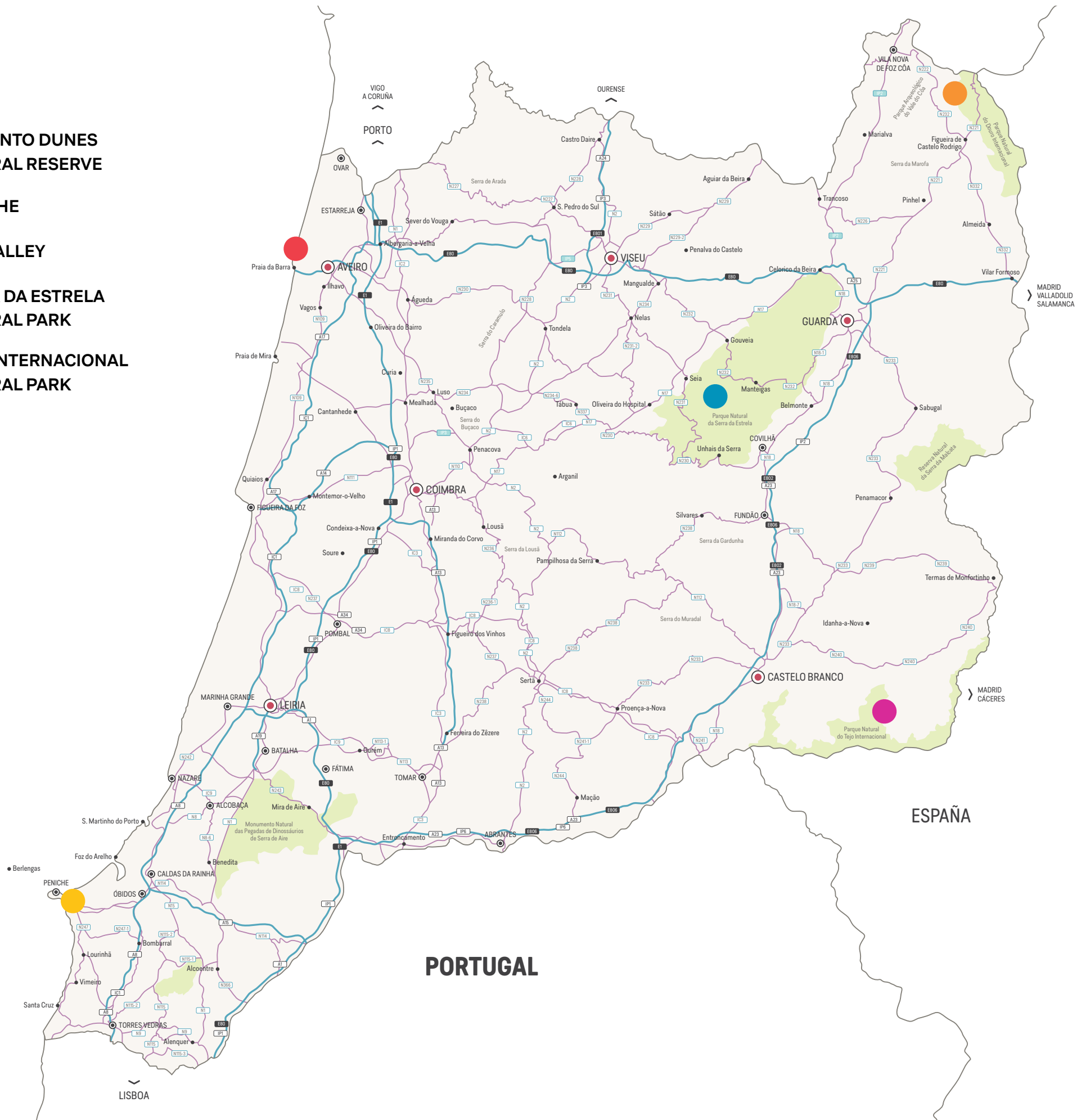
CỎA VALLEY





MARMITAS GIGANTES
TEJO INTERNACIONAL NATURAL PARK

-  **S. JACINTO DUNES
NATURAL RESERVE**
-  **PENICHE**
-  **CÔA VALLEY**
-  **SERRA DA ESTRELA
NATURAL PARK**
-  **TEJO INTERNACIONAL
NATURAL PARK**



CYCLING UP AND DOWN

Because our rugged paths are perfect
to explore on two wheels!



MONSANTO
HISTORICAL VILLAGES TRAIL: 600 KM



ATLANTIC ROAD — WEST COAST



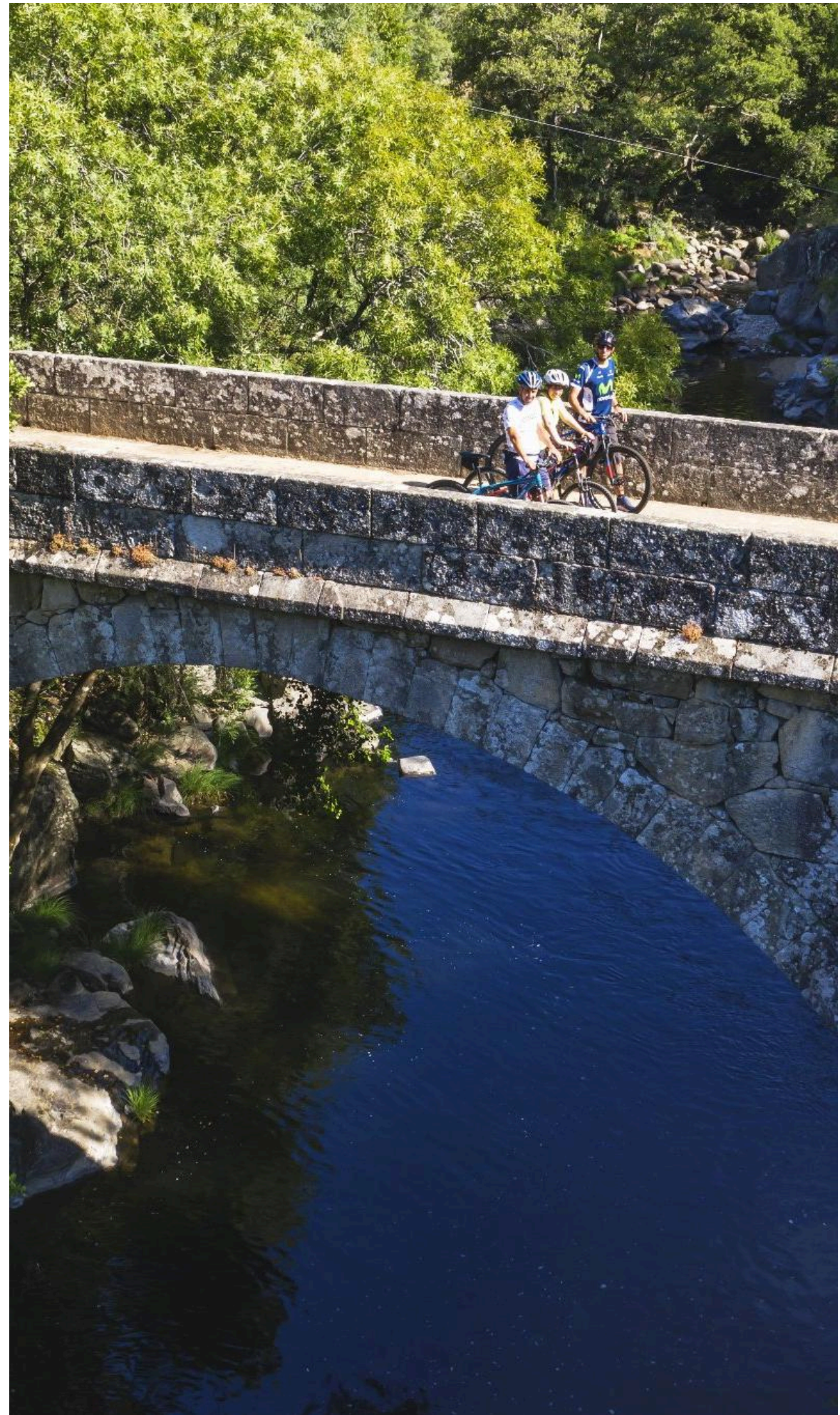
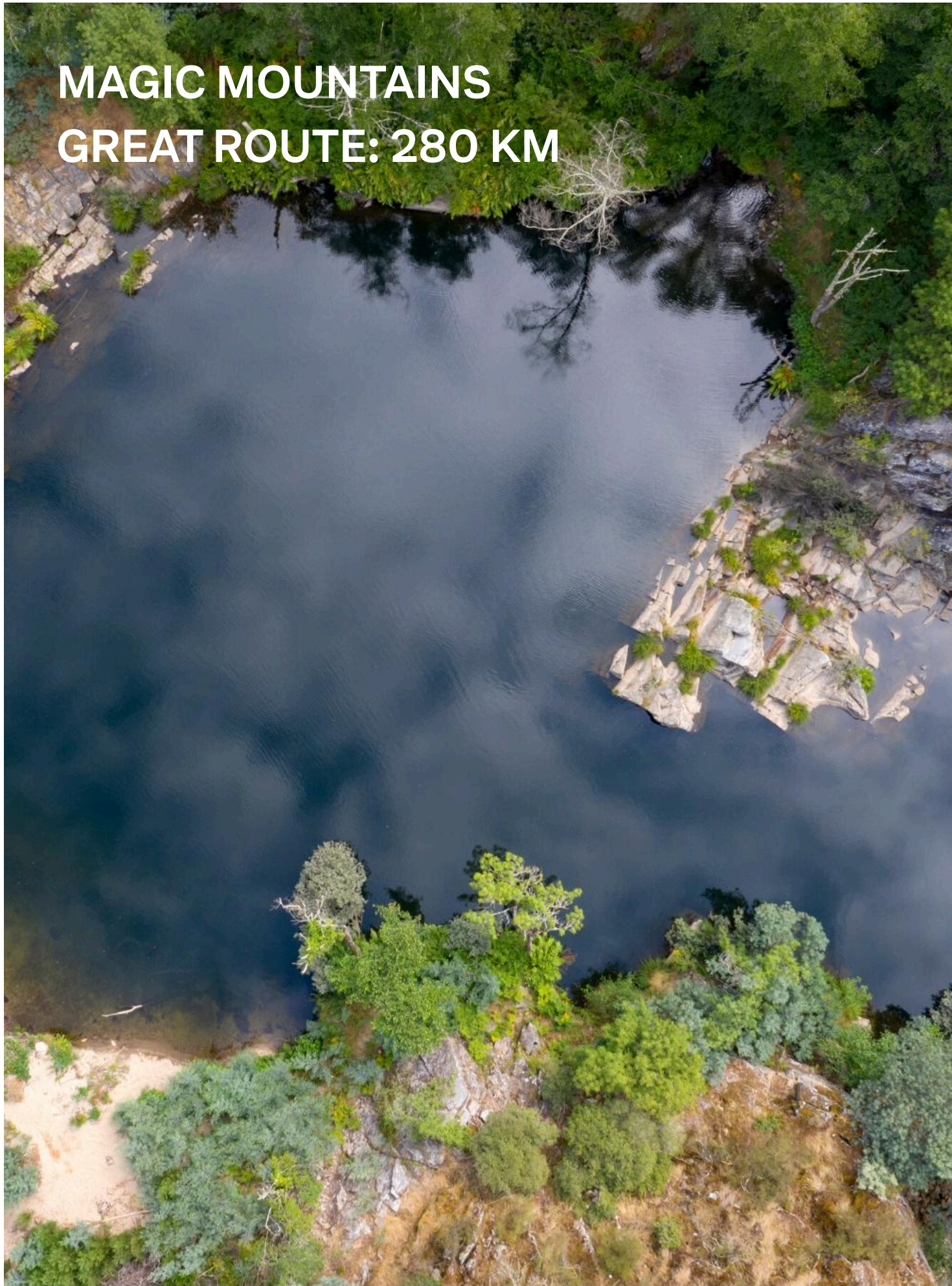


ECOPISTA VALE DO VOUGA: 68,66 KM CONNECTS WITH ECOPISTA DO DÃO



ECOPISTA DO DÃO: 49 KM

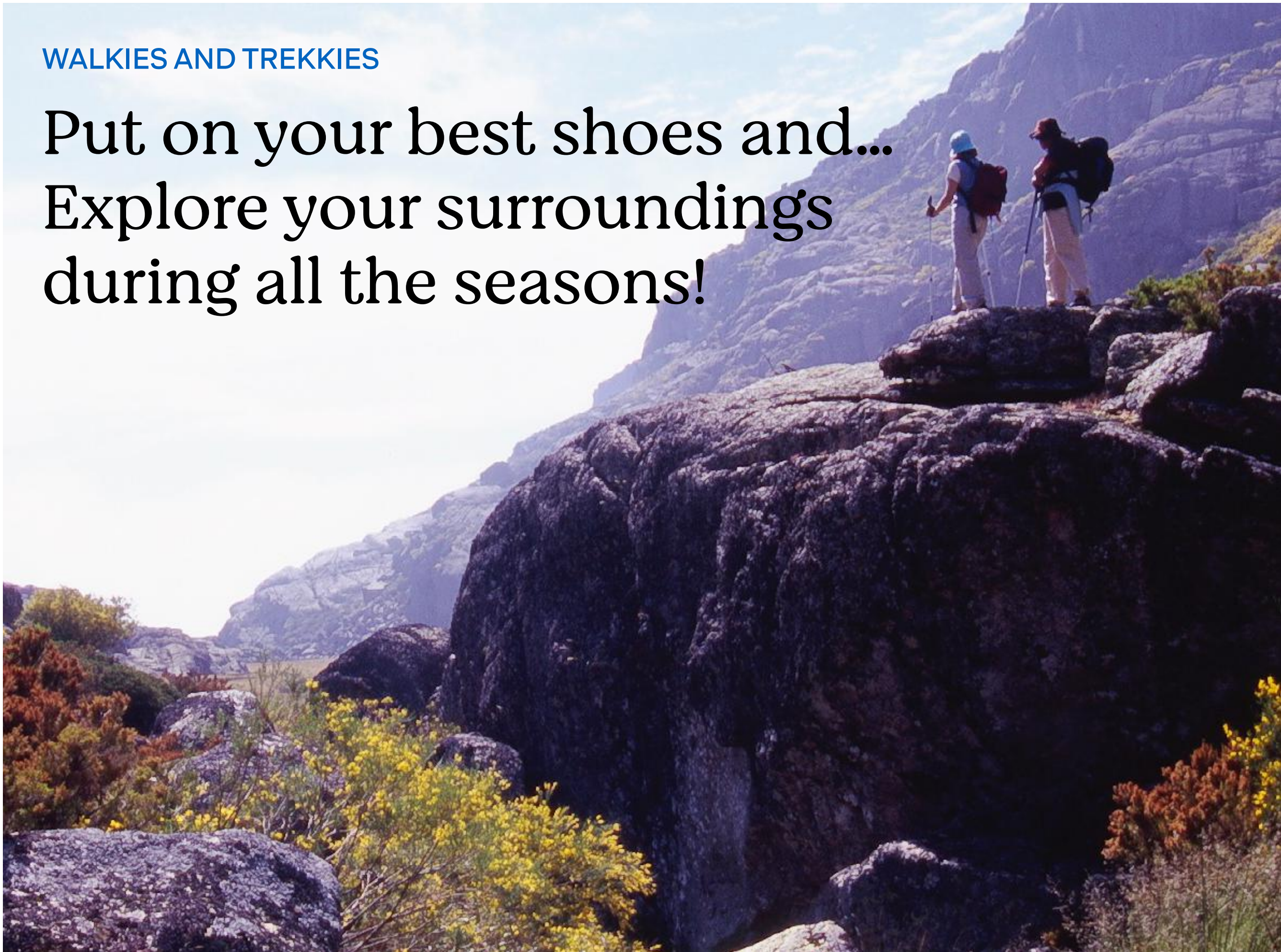
MAGIC MOUNTAINS
GREAT ROUTE: 280 KM



- [illegible]

WALKIES AND TREKKIES

Put on your best shoes and...
Explore your surroundings
during all the seasons!



RIA DE AVEIRO GREAT ROUTE: 600 KM



SCHIST VILLAGES



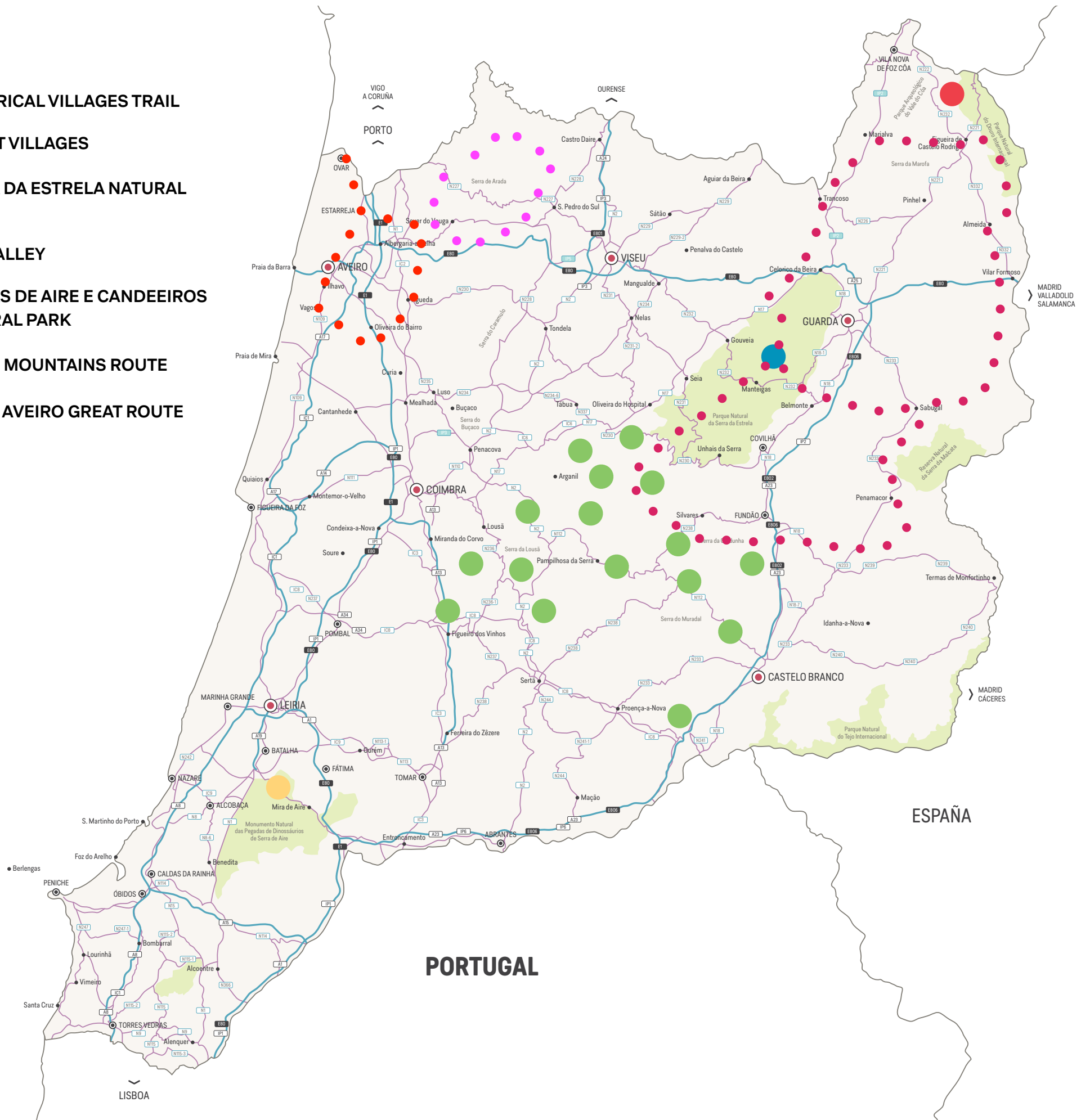
SERRA DA ESTRELA NATURAL PARK



SERRA DA ESTRELA NATURAL PARK



-  HISTORICAL VILLAGES TRAIL
-  SCHIST VILLAGES
-  SERRA DA ESTRELA NATURAL PARK
-  CÔA VALLEY
-  SERRAS DE AIRE E CANDEEIROS NATURAL PARK
-  MAGIC MOUNTAINS ROUTE
-  RIA DE AVEIRO GREAT ROUTE



WATER SPORTS

Supertubes and giant waves for
the not so faint of heart.



PENICHE



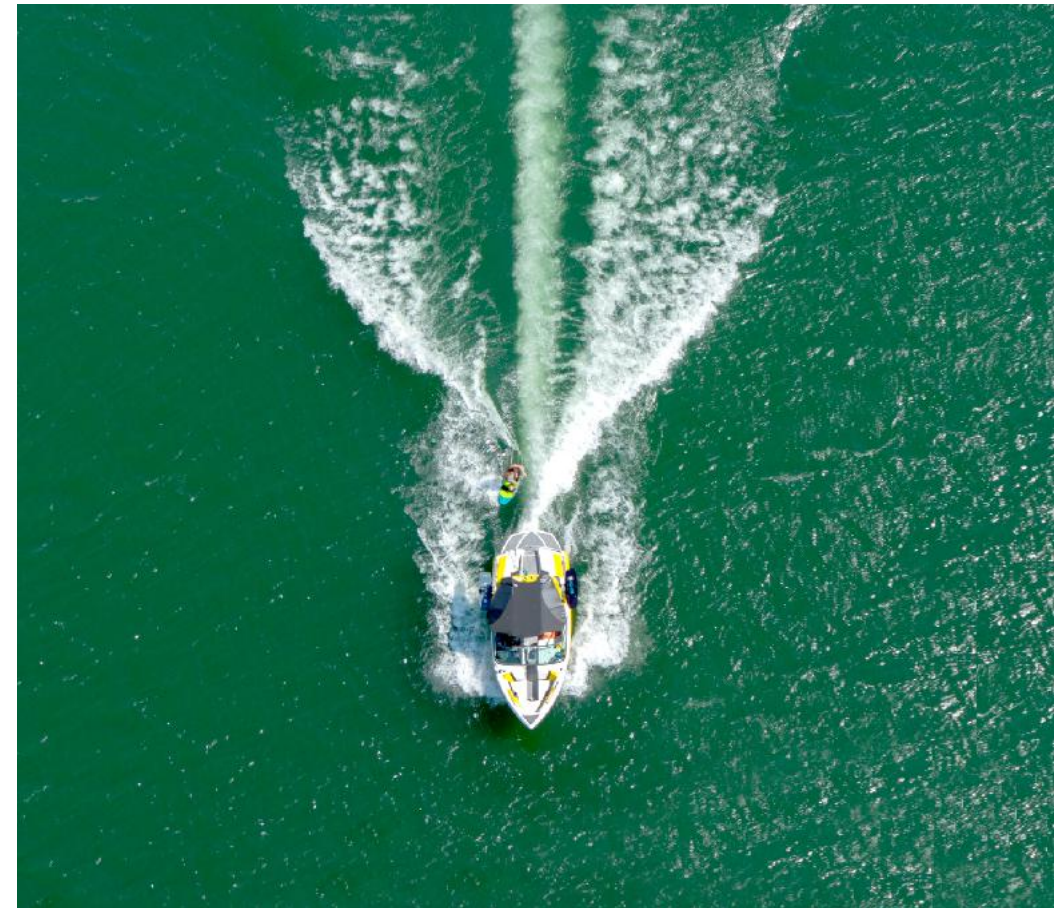


NAZARÉ GIANT WAVES: 26,2 METERS

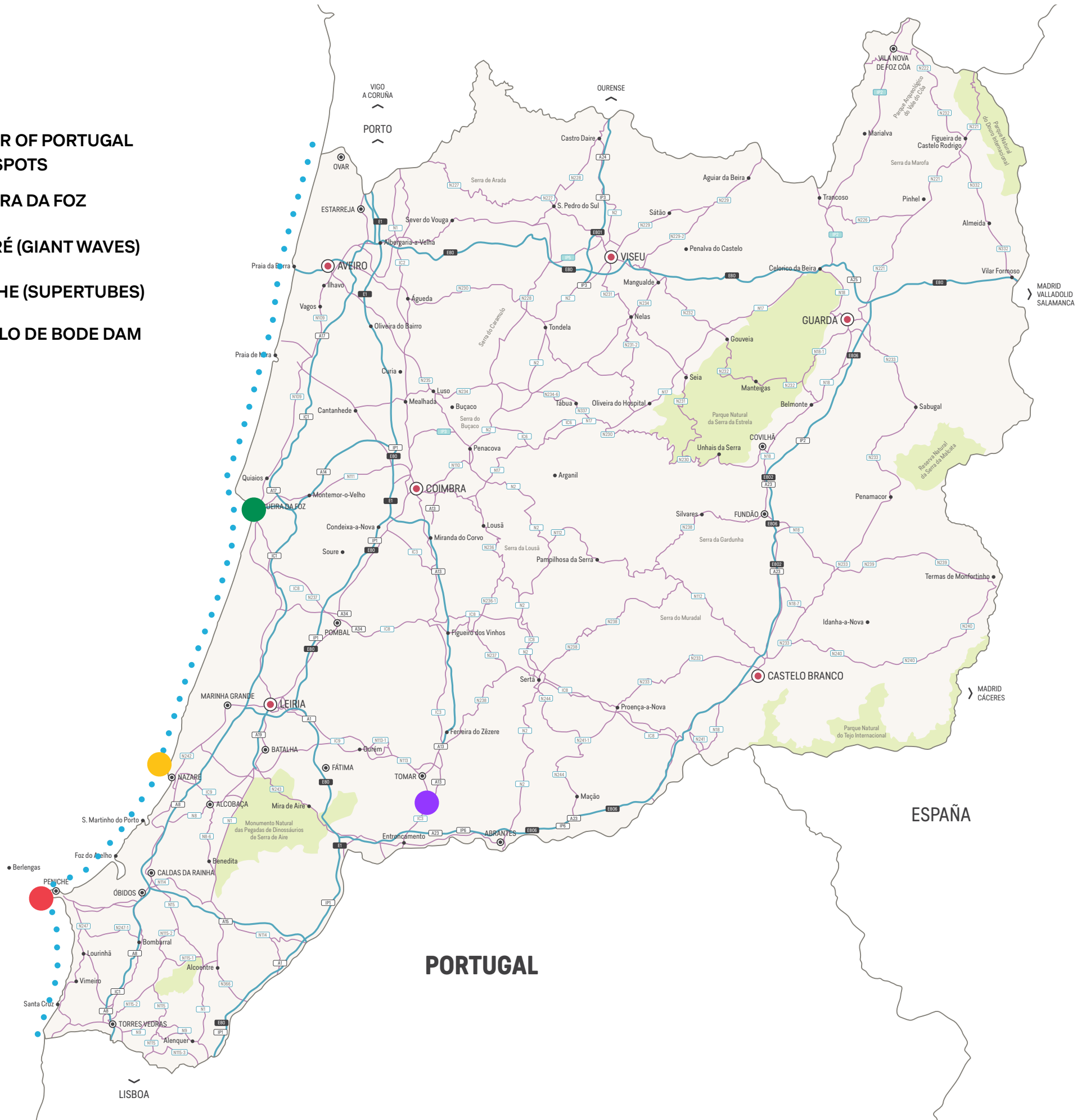
NAZARÉ



WAKEBOARD, WAKE SKATE & WAKE SURF CASTELO DE BODE DAM



- CENTER OF PORTUGAL SURF SPOTS
- FIGUEIRA DA FOZ
- NAZARÉ (GIANT WAVES)
- PENICHE (SUPERTUBES)
- CASTELO DE BODE DAM





visit Center of
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Obrigado

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